

# The Simple Kitchen

## Seasonal Local Organic

### Early Winter Menu

Soup		Entrees	
Butternut Squash	7	Daily Quiche	9
Turkey Chili	8	side of house greens & dijon vinaigrette	
Salads			
Wild Baby Arugula celery root, lemon zest, dried cranberries, dijon vinaigrette,	7	The Simple Kitchen 11/13 Vegetable Curry With Poached chicken over brown basmati rice	
Poached Chicken Salad celery root, fennel, mint, dijon, dried cranberries vinaigrette	11	Shaved Cabbage Salad 11/13 baked tofu or poached chicken, seasonal vegetables mint, peanuts, ginger-soy vinaigrette, <i>can be served hot as a stir fry</i>	
Scarlett Quinoa Salad, baby spinach, beets, dill, lemon dill vinaigrette	11	Chicken Broccoli 13 Mac & Three Cheese cheddar, fontina, gruyere	
Grilled Chicken Caesar shredded parmesan, cROUTONS	11		
<i>Add Poached or Grilled Chicken/Baked Tofu</i>	4	Sides	
Sandwiches		Grilled Broccoli 6 sesame oil, sesame seeds	
Oven Roasted Turkey	9	Butternut Squash 6 fennel, sage, cranberries	
On Pretzel Roll swiss, arugula, honey dijon,		Moroccan Carrots 5 spice blend, cumin seed, fresh herbs	
Seasonal Hummus Wrap	9	Scarlett Quinoa 6 roasted beets, dill, lemon	
lettuce, cucumber, carrots, and tahini dipping sauce		Broccoli Mac & Cheese cheddar, fontina, gruyere	
Poached Chicken Sandwich	9	Sautéed Greens & Garlic 7	
celery root, fennel, mint, dijon vinaigrette		Roasted Brussel Sprouts 7	
Apple Cheddar Panini	9	Hummus & Pita 7	
honey dijon,		Beverages	
Sweets		Organic Fair Trade 3/6 Coffee, Tea & Espresso	
Blueberry Muffin	4	The Simple Kitchen 2 Organic Sparkling Drinks Lemon & Mint, Pink Grapefruit	
Chocolate Chip Cookie	2	Bruce Cost Ginger Ale 3	
Brownie	2	G.T.'s Kombucha 4	
Gluten-Free Vegan Fig Bar	3/6		